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Read Ephesians 1:3-14

## Ephesians 1:4-5

even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will,

Do you remember being at school or camp when teams were chosen for games? The strongest and fastest were chosen first. If you were not one of the physical contenders or were challenged with poor co-ordination, you were probably left for last. You may have felt at best rejected and at worst like an unwanted liability.

Thank God that he did not choose us according ANY inherent abilities or goodness. He chose us based on His love for us. The Bible says He chose us before the foundation of the world. That means it didn't depend on anything good on our part. Ephesians 2:9 says it was "not a result of works, so that no one may boast."

How does it feel to know that in this great "game" of life, you have been CHOSEN BY GOD? And it didn't depend on your good behaviour or any works you have done, but purely because He LOVES you. Let that sink in.

The beautiful thing about this is that we can't UNDO His love for us. He decided LONG AGO that we were to be His children. Of course, we needed to respond to this invitation, but who doesn't want to be loved like that!

God had a big plan to have a family of His own from every tribe and nation and those of us who are in Christ are part of the fulfilment of His purpose.

Let us meditate on the fact that we are God's CHOICE! He selected us for His team; adopted us into His family.

## Application

- 1. What is God saying to you through this passage?
- 2. Think about the fact that God chose you from eternity past to be His son or daughter. How does that make you feel?
- 3. Does that make you want to tell others about His great love and plan for us?

## Prayer

Father, thank you for your great love for us; that you chose us in Christ before the foundation of the world. Thank you that we get to be your children, included in your eternal global family. Help us to tell others about your great love for them, in Jesus name. Amen.